

Eva Rebecca Bild MA, CD(DONA), LCCE

Citizenship: Canadian

Languages: English and French

Mother of three

Education & Certifications

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| July 2007 | Lamaze International <ul style="list-style-type: none">• Accredited as a Lamaze Certified Childbirth Educator Re-certification every 3 years |
| July 2005 | DONA International <ul style="list-style-type: none">• Accredited as a DONA-Certified Birth Doula Trainer Re-certification every 3 years |
| July 2003 | DONA International <ul style="list-style-type: none">• Attended Birth Doula Teacher Training Workshop Instructors: Penny Simkin & Kathy McGrath |
| July 1999 | DONA International <ul style="list-style-type: none">• Completed birth doula certification for Doulas of North America Re-certification every 3 years |
| April - July 1996 | Breastfeeding Course for Health Professionals <ul style="list-style-type: none">• Attended at Douglas College (co-sponsored by Camosun College) Instructors: Audrey Trenholme IBCLC and Iva Phillips RN, IBCLC |
| November 1994 | Labour Support Course <ul style="list-style-type: none">• Attended at Douglas College (co-sponsored by Camosun College) Instructors: Kathleen Lindstrom CD(DONA) and Sharon Gibbs CD(DONA) |
| Sept. 1993 - Jan. 1995 | Childbirth Educators' Certificate <ul style="list-style-type: none">• Certified at Vancouver Community College Co-ordinator: Diane Donaldson RN, CBE |
| Jan. 1992 - Jan. 1993 | Ante-Natal Teacher Training Course (completed first year) <ul style="list-style-type: none">• Attended at National Childbirth Trust, Edinburgh, Scotland. Tutor: Jean Muir, RN |
| July 1985 - June 1987 | Master of Arts Degree in Education <ul style="list-style-type: none">• Attended Ontario Institute for Studies in Education, Toronto, Ontario Supervisor: Professor Merrill Swain |
| Sept. 1984 - May 1985 | Bachelor of Education Degree <ul style="list-style-type: none">• Attended University of Toronto, Toronto, Ontario |
| Sept. 1979 to May 1983 | Honours Bachelor of Arts Degree <ul style="list-style-type: none">• Major in Psychology, Major in Education, Minor in Linguistics.• Attended University of Toronto, Toronto, Ontario |

Work experience

- October 2005 - Present **DONA International-Approved Birth Doula Trainer**
- Designing and teaching training workshop for birth doulas.
 - Mentoring new doulas.
- May 2004 - Present **Mothering Touch Centre, Victoria, B.C. : Owner**
- Operating a small retail outlet featuring breast pumps, nursing bras, cloth diapers, baby clothes, books, slings & more.
 - Designing and marketing pre and post-natal programs for new parents - Yoga, Fitness, Childbirth Preparation, Babies 101, Singing and Playing with Baby, Parent Drop-In
 - Teaching Childbirth Preparation, Breastfeeding Classes & “Parenting the Newborn”
 - Facilitating Baby Groups and Pregnancy Groups
- April 1996 - Present **Labour Support Doula and Breastfeeding Educator (self-employed)**
- Supporting pregnant and labouring mothers and families
 - Attending over 120 births at Victoria General Hospital, Saanich Peninsula Hospital and Clients' Homes (Midwife-attended births)
 - Counseling and supporting breastfeeding mothers
- Jan. 1995 - Present **Childbirth Educator (self-employed)**
- Designing and teaching private individualized childbirth preparation programs
 - Designing, organizing and teaching childbirth preparation workshops
- Jan. 1989 - Present **Mother**
- Parenting three children
- Sept. 1994 - Dec 2005 **YM-YWCA of Victoria : Perinatal Program Coordinator**
- Developing and teaching: Childbirth Preparation Series, Childbirth-In-A-Day Workshops, Early Pregnancy Classes, Hospital Tours & Post-Natal Classes
 - Writing and editing the Greater Victoria Perinatal Directory
 - Coordinating with Victoria General Hospital
- March 2000 - Oct. 2005 **The Capital Health Region, Victoria, B.C. : on contract**
- Organizing and Coordinating the Quintessence Breastfeeding Challenge in 2001, 2002, 2003 & 2005.
 - Designing and implementing the Regional World Breastfeeding Week Campaign for October 2000.
 - Compiling, editing and designing the Perinatal Directory for Greater Victoria in March 2000.
- Nov. 2000 - Apr. 2002 **Cook Street Community Midwives, Victoria, B.C. : Office Assistant**
- Organizing and managing a busy three-member midwifery office
- Sept. 1987 - Oct. 1990 **Language Department of Thomson Consumer Electronics, Paris, France : Corporate Trainer in English and French Language**
- Developing teaching materials and language tests
 - Teaching English and French to TCE's staff
 - Translating and interpreting for TCE's staff
 - Assisting in the management of the TCE Language Department

Awards

- 2010 **Child Advocate of the Year**
- Early Years Award - Success by 6 South Vancouver Island
- 2007 **Breastfeeding Supporters Hall of Fame**
- For work with Breastfeeding Matters South Vancouver Island

Volunteer Work

- January 2012 to present **Board of Directors of DONA International**
- Western Canada Regional Director
- Fall 1999 to present **Doulas of Victoria & The Greater Victoria Doula Directory**
- Coordination of local doulas
 - Organizing and chairing meetings, mentoring new doulas
 - Coordination of online directory, DoulasOfVictoria.ca
- May 1997 to Present **Breastfeeding Matters Group - South Vancouver Island**
- Member, co-chair from Jan 2001 to Jan 2003.
 - Working to Protect, Promote and Support Breastfeeding.
 - Organizing conferences and educational events, lobbying local health authority.
- Nov 2004 to 2008 **DONA International**
- BC Representative (SPAR)
- Fall 2002 to 2003 **Vancouver Island Health Authority Baby-Friendly Committee**
- Member representing Childbirth Educators and Doulas.
- Fall 1996 to Fall 2002 **The Doula Collective - Victoria, B.C.**
- Founded and Co-ordinated the Doula Collective
 - Mutual Support and Continuing Education for Doulas
- Jan 2000 - Dec 2001 **International Doula, DONA**
- Associate Editor
- May 2001 **Mothering the Mother - A Concert to Celebrate Mothers and Doulas**
- Organized a concert to raise money for a doula fund for the Best Babies programs in Greater Victoria.
- Jan. 1992 - Dec. 1992 **Eastlin - Newsletter for the Edinburgh East Branch of the National Childbirth Trust, Edinburgh, Scotland**
- Editor